"Living in Two Worlds" by Marcus Mabry

Newsweek on Campus, April 1988

A round, green cardboard sign hangs from a string proclaiming, "We built a proud new feeling," the slogan of a local supermarket. It is a souvenir from one of my brother's last jobs. In addition to being a bagger, he's worked at a fast-food restaurant, a gas station, a garage and a textile factory. Now, in the icy clutches of the Northeastern winter, he is unemployed. He will soon be a father. He is 19 years old.

In mid-December I was at Stanford, among the palm trees and weighty chores of academe. And all I wanted to do was get out. I joined the rest of the undergrads in a chorus of excitement, singing the praises of Christmas break. No classes, no midterms, no finals . . . and no freshmen! (I'm a resident assistant.) Awesome! I was looking forward to escaping. I never gave a thought to what I was escaping to.

Once I got home to New Jersey, reality returned. My dreaded freshmen had been replaced by unemployed relatives; badgering professors had been replaced by hard-working single mothers, and cold classrooms by dilapidated bedrooms and kitchens. The room in which the "proud new feeling" sign hung contained the belongings of myself, my mom and my brother. But for these two weeks it was mine. They slept downstairs on couches.

Most students who travel between the universes of poverty and affluence during breaks experience similar conditions, as well as the guilt, the helplessness and, sometimes, the embarrassment associated with them. Our friends are willing to listen, but most of them are unable to imagine the pain of the impoverished lives that we see every six months. Each time I return home I feel further away from the realities of poverty in America and more ashamed that they are allowed to persist. What frightens me most is not that the American socioeconomic system permits poverty to continue, but that by participating in that system I share some of the blame.

Last year I lived in an on-campus apartment, with a (relatively) modern bathroom, kitchen and two bedrooms. Using summer earnings, I added some expensive prints, a potted palm and some other plants, making the place look like the more-than-humble abode of a New York City Yuppie. I gave dinner parties, even a soirée française.

For my roommate, a doctor's son, this kind of life was nothing extraordinary. But my mom was struggling to provide a life for herself and my brother. In addition to working 24-houra-day cases as a practical nurse, she was trying to ensure that my brother would graduate from high school and have a decent life. She knew that she had to compete for his attention with drugs and other potentially dangerous things that can look attractive to a young man when he sees no better future.

Living in my grandmother's house this Christmas break restored all the forgotten, and the never acknowledged, guilt. I had gone to boarding school on a full scholarship since the

ninth grade, so being away from poverty was not new. But my own growing affluence has increased my distance. My friends say that I should not feel guilty: what could I do substantially for my family at this age, they ask. Even though I know that education is the right thing to do, I can't help but feel, sometimes, that I have it too good. There is no reason that I deserve security and warmth, while my brother has to cope with potential unemployment and prejudice. I, too, encounter prejudice, but it is softened by my status as a student in an affluent and intellectual community.

More than my sense of guilt, my sense of helplessness increases each time I return home. As my success leads me further away for longer periods of time, poverty becomes harder to conceptualize and feels that much more oppressive when I visit with it. The first night of break, I lay in our bedroom, on a couch that let out into a bed that took up the whole room, except for a space heater. It was a little hard to sleep because the springs from the couch stuck through at inconvenient spots. But it would have been impossible to sleep anyway because of the groans coming from my grandmother's room next door. Only in her early 60s, she suffers from many chronic diseases and couldn't help but moan, then pray aloud, then moan, then pray aloud.

Not very festive: This wrenching of my heart was interrupted by the 3 a.m. entry of a relative who had been allowed to stay at the house despite rowdy behavior and threats toward the family in the past. As he came into the house, he slammed the door, and his heavy steps shook the second floor as he stomped into my grandmother's room to take his place, at the foot of her bed. There he slept, without blankets on a bare mattress. This was the first night. Later in the vacation, a Christmas turkey and a Christmas ham were stolen from my aunt's refrigerator on Christmas Eve. We think the thief was a relative. My mom and I decided not to exchange gifts that year because it just didn't seem festive.

A few days after New Year's I returned to California. The Northeast was soon hit by a blizzard. They were there, and I was here. That was the way it had to be, for now. I haven't forgotten; the ache of knowing their suffering is always there. It has to be kept deep down, or I can't find the logic in studying and partying while people, my people, are being killed by poverty. Ironically, success drives me away from those I most want to help by getting an education.

Somewhere in the midst of all that misery, my family has built, within me, "a proud feeling." As I travel between the two worlds it becomes harder to remember just how proud I should be — not just because of where I have come from and where I am going, but because of where they are. The fact that they survive in the world in which they live is something to be very proud of, indeed. It inspires within me a sense of tenacity and accomplishment that I hope every college graduate will someday possess.